

## **14 September, 2020 newsletter theme:**

### **Dear Grey House team and esteemed colleagues,**

Greetings darling quaranteamates!

It's now 197 days into our outlandish and not-a-bit stylish team-building adventure. Whew!

#### **Apologies that this newsletter is a bit helter-skelter!**

The reason is my father was discharged from hospital this week, but requiring 24-hour care. My brother Corbin and I are taking turns at this job, and we are learning a valuable new job skill: MIDNIGHT NURSING! Relevant to the recipients of this newsletter, I have not had access to wifi since last Saturday morning, bec there is none at Dad's home. However, because my dad believes I am my mother, we now realise it is time to arrange for two essential services: a home nursing service, as well as home wifi. Avshalom and Corbin are on the job, so never fear! Soon, you will be unable to detect when I am at my desk as normal and when I am changing my dad's urinary catheter while zooming with you! If you care, just ask.

**Luckily, before this little wave broke over my family, Avshalom and I did a week's journey to Bald Head Island, on the Outer Banks off the coast of North Carolina, for a short getaway. No cars allowed. Golf carts and bikes only.**



Many thanks to Max and Emily for kindly keeping my dad's dog, Josie, while we were gone. Josie enjoyed her week in the big city, going clubbing, dining out, she's so spoiled for rural Ramseur.



Thanks to all who took part in Aaron's practice zoom talk Monday afternoon. "Long-term follow up of lead-exposed children."



You guys are CHAMPS!

Meanwhile, here is all the OTHER news I have that's fit to print since 7 September:



**FIRST THE HAPPY NEWS!!!!!! MAZELTOV!!!! MAZELTOV!!!!**

**Our Leah got married, to that whacky Curt guy of course! They did it, they did it!**



**Idan and Yael got married too!!!**



**C'mon, send us a romantic photo kids!**

**Our fearless leader, Richie, continues his radiation therapy. We all send big hugs!**



**Oscar got to go visit his grandparents in Denmark! Cold there! Brrrrrrr!**

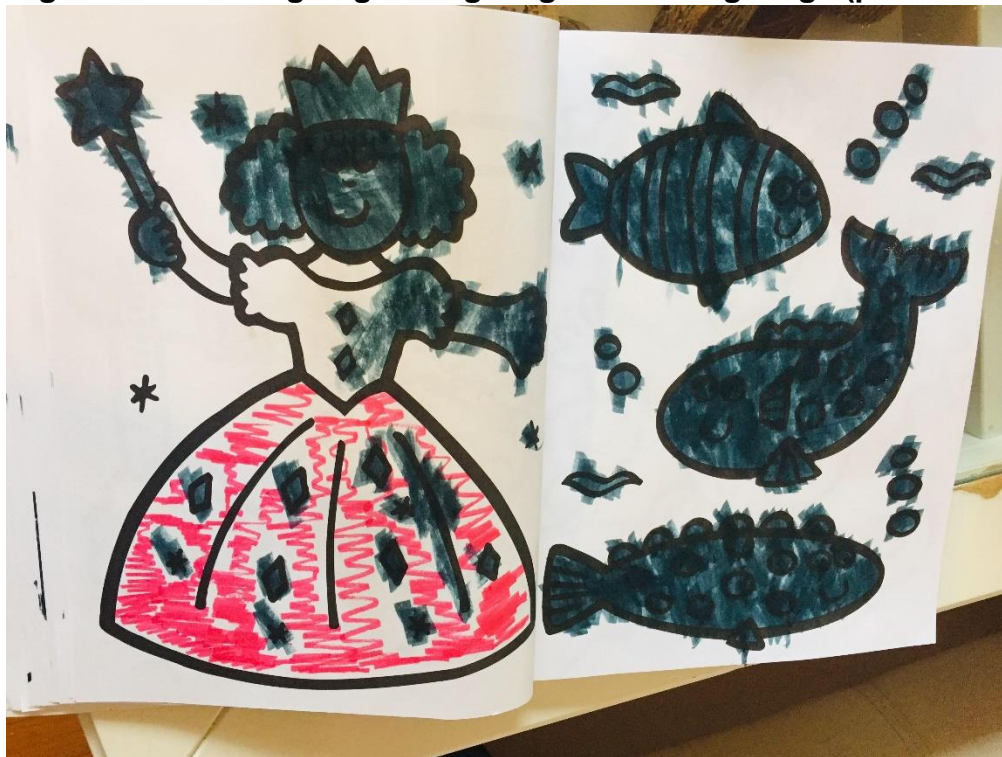




Jasmin's new baby gives us the big foot, over 37 weeks now:



Big sister Clara is going through a goth coloring stage (parents added the pink):



**Jay gets ready for the big *Origins of You* book-launch zoom, every inch a star best-selling author! Oct 17, 2020, 3pm EDT.  
NY Times best-seller list [here](#) we come.**

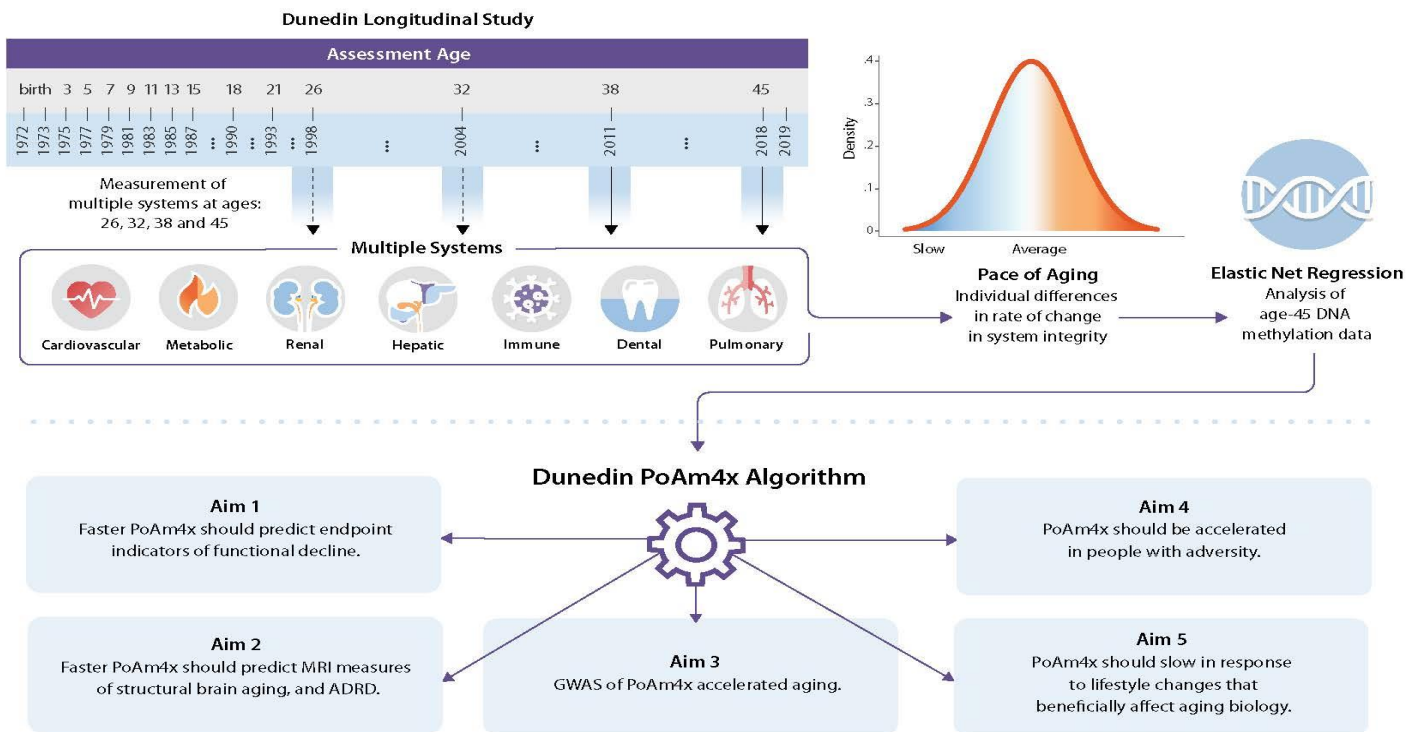


## NEXT, THE UNHAPPY NEWS:

Repeat paragraph from page 1?

## THIS WEEK'S Science visualization:

From Pat Motsavage and Avshalom: Validation Studies plan for DunedinPoAm4x!!!





## **RESEARCH-PROJECT PROGRESS SINCE 7 Sept:**

**Antony and Candice and Jo and Becky report 70%** response rate to the online survey by E-Risk twins. This is unbelievable. All other surveys in 2019-2020 that I know of have ranged from 17% to 35%. **Virtual hugs to Jo and Becky, our heroes!**

**Tracy's paper is accepted in *Aging!* Hurrah! Hurrah! PhD dissertation half published!**

"Is cardiovascular fitness associated with structural brain integrity in midlife? Evidence from a population-representative birth cohort study"

**Jasmin's paper in *Child Development* appeared online this weekend.** Using DNA from mothers and children to study parental investment in children's educational attainment. **PUBLISHED AT LAST!**

**Kyle and Line will give a talk at** the Gerontological Society of America 2020 Annual Scientific Meeting *Online*. Title: Stressful Life Events and Inflammation in Midlife: Comparing Associations With suPAR, CRP, and IL-6  
Friday, November 6, 2020  
12:45 PM – 1:15 PM

**Jasmin's genetic data from ALSPAC are here! Only 3.5 months from approval of concept paper to delivery of data set. And ALSPAC is fully funded to share data, plus Jasmin paid them \$8,000. Doesn't this make us appreciate Honalee and Antony?!?!?!? **Let's hear a round of applause for Honalee and Antony!****

**Temí and Avshalom and Susan** have almost finished our grant application. Whew! Huge thanks to Jon Mill, Eilis Hannon, Karen, and Daniel for support.

**New Concept Paper: by Aaron, Karen, Ben, and Idan:** Childhood lead exposure and adult telomere length. THANKS TO ALL SIGNING OFF ON THE CP! **And welcome back Idan!!!! Great to work with you again now that you have tenure!**

**New Concept Paper in the offing from Madeline, on cannabis. Watch this space.**



**Leah submitted an R&R to PNAS this week:** "Childhood self-control forecasts the pace of midlife aging and preparedness for old age" **Fingers crossed now.**

**Jon Schaefer is writing a K application. Good luck Jon!**

**If you are working on something you want others to know about, please let me know, and I will add it to this newsletter.**

## **Resources:**

**Duke's COVID-19 testing results for N of cases on campus and quarantined are updated every Monday and can be found here:**

<https://coronavirus.duke.edu/covid-testing/>.

**Don't Forget to check the American presidential race poll being updated daily by the Economist.**

<https://projects.economist.com/us-2020-forecast/president>

## **FYI - VOTING INFO**

North Carolina Residents.

You can check your NC voter registration status here:

<https://vt.ncsbe.gov/RegLkup/>

Register online if you have an NC license or DMV-issued ID here:

<https://www.ncsbe.gov/Voters/Registering-to-Vote>

Info on NC absentee voting, here:

<https://www.ncsbe.gov/Voting-Options/Absentee-Voting>

One stop website for residents of other states:

Register - <https://www.usa.gov/register-to-vote>

Early voting/absentee voting: <https://www.usa.gov/how-to-vote>

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**Have a serene week everyone, wherever you are! Temi**



**Stars over the Atacama Desert in Chile,  
best viewed while listening to Dark Side of the Moon**